

# LIVA Clinical Fee Schedule

Pricing as of January 2019

Chiropractic Initial Visit (or return visit greater than 1 year)	Price
45 minutes	\$97.00
60 minutes	\$117.00
75 minutes	\$132.00
90 minutes	\$152.00

Initial Visit includes consultation and/or examination with or without a Comprehensive Chiropractic Visit. Visit may include diversified adjustment, mobilization and/or Cox Flexion-Distracton manipulation, Active Release Techniques (ART) and/or Chiropractic massage, electrotherapy, ultrasound, Thera-Lase cold laser therapy, cryotherapy and/or hyperthermy, Thumper, topical analgesic application. Does not include Acupuncture, Spinal Decompression, Taping or Shockwave Therapy.

Comprehensive Chiropractic Visit or Sports Medicine Visit	Price
10-15 minutes	\$52.00
15-25 minutes	\$62.00
30-45 minutes	\$72.00
50-60 minutes	\$102.00
75 minutes	\$117.00
90 minutes	\$132.00

Visit may include diversified adjustment, mobilization and/or Cox Flexion-Distracton manipulation, Active Release Techniques (ART) and/or Chiropractic massage, electrotherapy, ultrasound, Thera-Lase cold laser therapy, cryotherapy and/or hyperthermy, Thumper, topical analgesic application. Does not include Acupuncture, Spinal Decompression, Taping or Shockwave Therapy.

Spinal Decompression Therapy	Price
30 minutes	\$87.00
45 minutes	\$102.00

Spinal decompression is a non-invasive, non-surgical therapy that treats severe and chronic back pain. Targeted pressure exerted by the machine can help to retract an expanded disc, reinforce oxygen and proper blood flow to the discs to relieve pain and facilitate healing. Your session may also include a Comprehensive Chiropractic visit for an additional \$15-\$30. This may include diversified adjustment, mobilization and/or Cox Flexion-Distracton manipulation, Active Release Techniques (ART) and/or Chiropractic massage, electrotherapy, ultrasound, Thera-Lase cold laser therapy, cryotherapy and/or hyperthermy, Thumper, topical analgesic application. Does not include Acupuncture, Taping or Shockwave Therapy.

Shockwave Therapy	Price
15 minutes	\$87.00
30 minutes	\$102.00

Shockwave therapy is a safe, non-invasive, out-patient alternative to surgery for those suffering from many joint and tendon disorders. Acoustic shockwaves are sent into bone or soft tissue, breaking up tendons and ligaments scarring allowing the body to regenerate blood vessels and bone cells. Your session may also include a Comprehensive Chiropractic visit for an additional \$15-\$30. This may include diversified adjustment, mobilization and/or Cox Flexion-Distracton manipulation, Active Release Techniques (ART) and/or Chiropractic massage, electrotherapy, ultrasound, Thera-Lase cold laser therapy, cryotherapy and/or hyperthermy, Thumper, topical analgesic application. Does not include Acupuncture, Taping or Spinal Decompression.

Custom Orthotic Inserts & Casting Mold or Custom Orthopaedic Shoes	Price
Custom Orthotic Inserts and Casting Mold	\$500-\$650
Custom Orthopaedic shoes without prescription Orthotic Inserts	\$150-\$300

Consultation and assessment of the foot, gait, and lower extremity kinetic chain with consideration for suitability or need for prescription orthotics or for prescription modifiable stock shelf orthopaedic footwear.

Therapeutic Elastic Kinesiology Taping	Price
Tape application	\$10-\$15
Taping product (Spider-Tech, Rock, etc.)	\$10-\$15

"Taping", in simple terms, causes a "lift" of the skin which decompresses tissue, increases circulation and decreases lymphatic congestion. It also influences pain receptors which decreases the experience of pain.

# Physiotherapy, Massage Therapy, Needleless Acupuncture, Osteopathy

Pricing as of January 2019

All prices include HST where applicable.

Physiotherapy	Price
Assessment and Initial Visit	\$90.00
Follow-up Visit	\$70.00

With your independence in mind, the goal of physiotherapy is to restore, maintain, and maximize strength, function, movement, and overall well-being. Treatment will begin with a comprehensive assessment that may include health history, evaluation of pain and movement patterns, strength, joint range of motion, reflexes, sensation, and heart and lung function. During follow-up visits personalized therapeutic exercises, and essential education about the body will be prescribed.

Registered Massage Therapy - Fascial Stretch Therapy - Cupping	Price
30 minutes	\$60.00
45 minutes	\$75.00
60 minutes	\$85.00
90 minutes	\$130.00

Registered Massage Therapy can include one of the following forms of therapeutic soft tissue care: Swedish massage, Relaxation massage, Lymphatic massage, Myofascial massage, Sports/Deep tissue massage, Rehabilitative/Therapeutic, and Pregnancy massage. Massage chair available upon request. FST is delivered by an RMT with certification.

Microcurrent Point Stimulation (Needleless Acupuncture)	Price
30 minutes	\$72.00
45 minutes	\$83.00
60 minutes	\$97.00

MPS Therapy integrates the principles of acupuncture with modern neurology to provide an all-natural, holistic approach to treating the body and mind. Chronic and acute soft tissue pain, scars, and adhesions are treated by applying concentrated microcurrent impulses to trigger, motor, and acupuncture points providing quick and effective pain relief for a long list of medical conditions.

Osteopathy	Price
Assessment and Initial Visit (60 minutes)	\$110.00
Follow-up Visit	\$100.00

An Osteopathic Manual Practitioner detects minute variations in tissue quality to prioritize a patient's course of treatment. Tissue qualities include: congestion, dehydration, scarring, stiffness, density, loss of resilience, and loss of motility (an infinitesimal movement inherent to all living tissues). Sensing tissue quality - in combination with position, mobility, and vitality of the tissue - allows the Osteopathic Manual Practitioner to determine the tissues or systems that need immediate attention.

# Naturopathy - Acupuncture

Pricing as of January 2019

Standard Naturopathy Visits	Price
<b>Adult Visit</b>	
Initial Assessment - First Visit (Intake & Physical, 60-90 minutes)	\$200.00
Annual Screening Examination (60 minutes)	\$160.00
Second Visit - Complete Treatment Plan (30 minutes)	\$80.00
<b>Student Visit (With Valid Student ID)</b>	
Initial Assessment - First Visit (Intake & Physical, 60-90 minutes)	\$150.00
Annual Screening Examination (60 minutes)	\$120.00
Second Visit - Complete Treatment Plan (30 minutes)	\$60.00
<b>Child/Adolescent Visit 16 years and under)</b>	
Initial Assessment - First Visit (Intake & Physical, 60-90 minutes)	\$100.00
Annual Wellness Child Check-Ups	\$100.00
Second Visit (30 minutes)	\$50.00
<b>Third Visits - Subsequent Visits</b>	
15 minutes: \$50                      45 minutes: \$120	
30 minutes: \$80                      60 minutes: \$160	

The Naturopathic Doctor assesses and treats the whole person through individualized appointments and healing. The fundamental causes of disease are addressed and the individual is taught the principles of healthy living and preventative medicine. Naturopathy can include: nutrition, lifestyle management, Traditional Asian medicine, acupuncture, botanical medicine, and Homeopathy.

Specialty Naturopathy Visits	Price
<b>Visit Type:</b>	
Telephone Follow-Up (15-20 minutes)	\$40.00
Acupuncture (30 minutes individual) HST not applicable	\$60.00
Community "Drop-In" Acupuncture visit (30 minutes) HST not applicable	\$50.00
Acute Visit (15-20 minutes)	\$40.00

**Acupuncture** sessions include Applied Neuro-Functional Medical Acupuncture with or without electrical stimulation and/or Traditional Chinese Medical techniques. Patient draping is provided, if required. Acupuncture is delivered by a Doctor of Naturopathic Medicine.

**Drop-In Acupuncture Visits** offer lower-priced services to a patient when with multiple rooms in use, but are only available once an initial Acupuncture visit completed.

**Acute Visits** are same-day "walk-in" sessions which will be squeezed into an available opening during regular business hours only. It is best to call ahead.

Naturopathy - Additional	Price
As recommended:	
Laboratory Testing or Screening	
Personalized Tinctures, Supplements, Loose Leaf Teas	
HST as applicable	